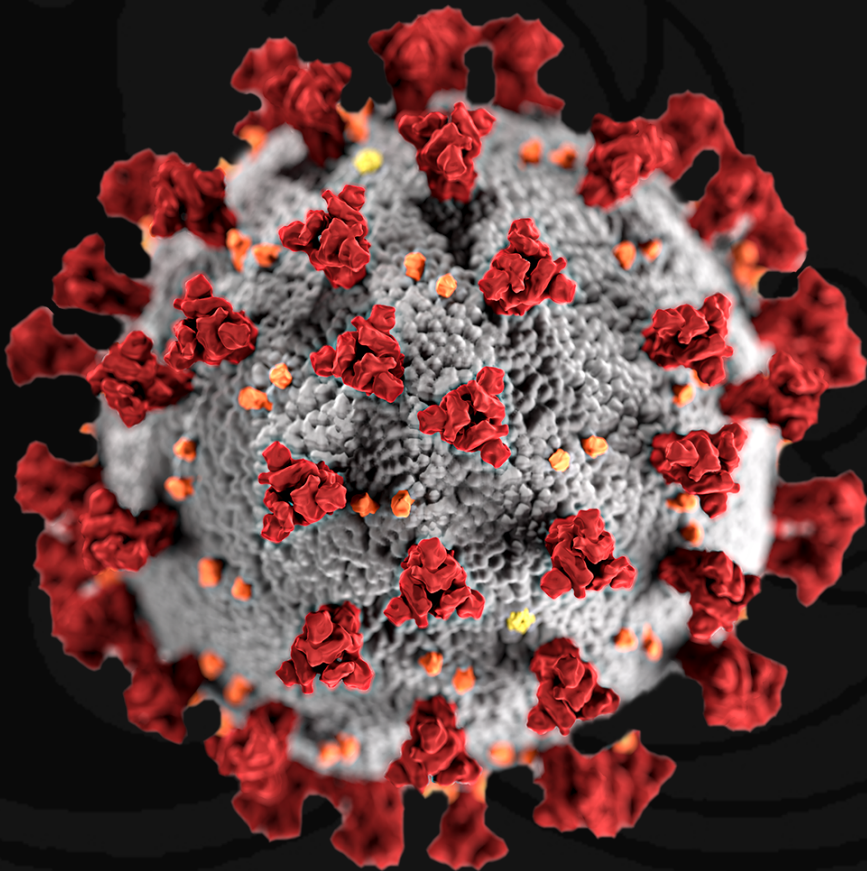


BAKBAKAN UK

FILIPINO MARTIAL ARTS



COVID 19 TRAINING

BAKBAKAN UK

COVID 19 TRAINING POLICY

BAKBAKAN KALI TRAINING DURING LOCKDOWN

Bakbakan UK is fully committed to protecting the health and welfare of all members and their families. During the lockdown period, there will be no classes at the regular venues:

Wednesday

- Fernhill Heath Memorial Hall, Droitwich Road, Worcester

Thursday

- MSJ Sports and Fitness Centre, Barnard's Green Road, Malvern

Training will not resume at these venues until the UK Government has lifted lockdown to a level where participation is possible and the venues are considered to be fully Covid Safe.

You will be notified as soon as regular class training can resume.

Private Training

No face-to-face private training sessions will be conducted during the lockdown period and will not resume until the UK Government has lifted lockdown to a level where participation is possible.

All members of Bakbakan UK can book FREE private training via Zoom during the lockdown period. To arrange for training contact:

Punong Guro Peter Lewis
Tel: 07581511277
Email: info@bakbakan.co.uk

BAKBAKAN UK

COVID 19 TRAINING POLICY

BAKBAKAN KALI TRAINING AFTER LOCKDOWN

Once lockdown has been lifted and regular classes can resume, the following 'in-class' mandatory rules will apply:

- A hand cleaning station where all persons entering the class area will clean their hands.
- A requirement that the temperature of all persons entering be tested via a forehead thermometer – persons outside of the temperature range will not be able to enter.
- A 'single user' rule for all equipment i.e. focus pads, gloves etc may only be used by the one person in any class – all equipment will be appropriately cleaned after usage.
- When so permitted, by Government regulation, partner training can occur. Under this Policy a training partner must remain as the same person for the duration of the class (i.e. no changing training partners).
- Spectators to your martial arts class are not allowed.
- Instructors will ensure that cleaning and sanitising will occur before and after class and, where required during class.
- Instructors will ensure that social distances guidelines are clearly followed by all participants and that members train at a minimum distance of 2 metres until Government regulation permits partner training.
- Instructors will ensure that any chairs in the training area that may be required during a session are spaced a minimum of 2 metres apart.

Any members of Bakbakan UK that feel uncomfortable with returning to our regular classes because of Covid 19 can continue to benefit from FREE training via Zoom.